

What makes a psychic?

The word 'psychic' means 'of the mind' and readers have many different talents. When you call a psychic, not all of them will specialise in all categories. I will describe to the best of my ability what I have experienced with some of these different categories:

Clairsentience: This can encompass all the psychic senses, perhaps the psychic has a broad feel for all types of 'feelings'. For example, a clairsentient can 'smell' signature scents or sounds left by a spirit, or perhaps they have synesthesia (mixing up of the senses) so they fit into a broader category. This literally means, to know what cannot be known, so it may be an unknown or unusual source of information. This includes physical or health reactions when picking up another person's physical pain. The information channeled can apply to all time tenses.

Clairaudience: This is the ability to listen to what messages are 'spoken'. These may include mediumistic messages or 'channelling' all the way to words appearing as visions to the reader. This can be for the present, past or future.

Clairvoyance: Sometimes mistaken for precognition, this is the ability to see things remotely or have visions as a message. I have become a better remote viewer through training my empathic skills. This may also involve psychic dreams.

Remote Viewing: This is the ability to 'see' something as it is happening, or can be applied to missing persons or lost objects, and has been studied and utilized by the Government for military strategies for a while now.

Mediumship: This is a field I try and avoid, as I tend feel uncomfortable dealing with grief in this manner. As an empath I have to counsel within my emotional strengths and though I am interested in grief counselling, this is a very intense field. The medium can apply all forms of reading to communicate including Tarot Cards. I have often had un-induced or uncontrolled spirit experiences, and I tend to feel more grounded dealing with the present and Three-dimensional.

Empathy: This is my speciality! I tend to feel the emotions of others, and I also seem to understand why they are feeling what they are. I tend to cue into feelings I identify with.

Telepathy: This is a more uncontrolled, hit and miss talent, as I can only catch 'snippets' of thoughts – these include words and images, but they don't always include emotion. I can sometimes 'hear' another person before they say something, and there does not necessarily have to be an emotional bond with the person and one can pick up telepathic energy even it is unrelated to you.

Channelling: Commonly the method used by most psychics to tap into any of the above forms of psychic work. Have a pen and paper ready because most readers cannot

re-channel or 'remember' the reading. This is like automatic speech or writing. I am present and not in a deep trance state, but I just tend to 'zone into' myself a bit more, thus not remembering as much.

Divination: For me, divination is an adjunct or addition to the above tools, and can in some instances make for a more focused reading. I tune in empathically and clair-sciently first, and sometimes divination tools will help me find other issues. For example, I find Tarot Cards are an excellent precognitive tool. Also, if I am not seeing something in a reading, the cards may point this out to me. If I don't see something it may be because I am biased. For example:

I have to remind myself to look for cheating partners, because it's not something I think about, as it has not happened to me.

Readers who divine are as talented as readers who do not, and they are simply a compliment to your reading. Divination is based on the way one interprets symbols. One gets a feeling from the cards, the I-Ching or the Pendulum. It is an excellent way to gain confidence when starting to read. I like using the Tarot for myself on my own readings, as after much practise, I can now see the truth in the cards.

Sometimes when I do read for people, the information comes in one form, and sometimes a combination of all of the above. It can sometimes take a little time to piece all the information together, which may be a confusing combination of time tenses, past, present and future (which is why I tend to not excel in timing).

I feel it's more practical to glean knowledge from the feeling or energy a reading exudes, and it doesn't come in a linear format. This is why many psychics can sometimes sound confused

and ungrounded...all the information comes in at once, and our brains need time to process it all, putting all the puzzle pieces together.

I enjoy working as an empath the most, as I have always done this naturally. Readings are mercurial and changeable at times and precognition is 80% accurate at best for most readers, but I find the present is always the clearest to me.

Precognition (seeing the future)can be derived by all the above methods, and is not exclusive.

Intuition is the process based on all the above tools as well as empirical or experiential knowledge. Good intuition comes from being able to see all angles but also in being able to rationalise and make decisions based on fact, as well as supposition.